

**Southeast Region
CHNS/CHPS
September 2014 Report**

Cassie Lewis

- Participated in the three day New School Nurse Conference 2014 held at Camp Aldersgate in Little Rock (Approximately 80 school nurses trained and 840 CNEs provided at the conference).
- CHNS attended Lee Co. (Marianna Schools) Wellness Committee meeting. 8 people in attendance. Lee County Health Unit Administrator invited. SE CHPS also invited but stated she was unable to attend. CHNS presented to wellness committee on the new edition of the SHI, including changes in Nutrition content (Smart Snacks) as well as the physical education content aligned with updated national standards. CHNS also discussed developing and implementing a comprehensive tobacco district-wide policy. CHNS gave copies of sample comprehensive tobacco policy to wellness committee. Wellness Chair will pull current tobacco policy, which is in handbook and personnel manual so that the policies can be compared to determine if the in-place policy is a comprehensive policy. We will address tobacco policies at next wellness committee meeting. CHNS presented information on alternatives to suspension for violations of tobacco policy such as Second Chance, ASPIRE, and Done with Dip.
- CHNS assembled materials including equipment, educational information, Arkansas Quitline forms and magnets, and incentive items and presentation for St. Francis County's annual Mayor's Cancer Expo. CHNS set up tobacco booth at expo and discussed dangers of tobacco use as well as tactics used by Big Tobacco. CHNS also passed out 15 Act 811 cards and discussed the law and how secondhand smoke affects others in the environmental space of smokers. CHNS also utilized tobacco spin wheel to answer questions about how tobacco affects the body. CHNS gave out 5 SOS magnets with quit line number at request of tobacco users. Incentives including SOS pens, SOS pencils SOS Coloring books, and lanyards given to those who listened to presentation. Also gave three SOS neon caps to youth who were able to answer questions about tobacco dangers in youth and sports and tobacco use. Sixty people signed in at registration table. 10 adults and 8 children visited the tobacco booth and CHNS talked to attendees about dangers of tobacco use in any form as well as provided pamphlets and handouts on quitting tobacco products and protection from second-hand smoke and tactics of big tobacco companies.
- Shaken Baby Syndrome presentation to Family-Nurse Partnership group utilizing SBS doll to demonstrate injuries resulting from Shaking Baby Syndrome. Pre and Posttest used for evaluation as well as evaluation to determine if objectives were met and understood by participants. Pretest results revealed that 50% of participants did not have full understanding of causes and types of injuries from SBS. Posttest 100 percent of participants were able to identify causes and types of injuries as well as strategies to prevent SBS. Evaluations revealed 100 percent thought objectives were met during presentation.
- Attended Prescription Drug Summit. Attended several breakout sessions related to Prescription Drug addiction and abuse, treatment considerations and treatment facilities.

- CHNS prepared ten packets for paraprofessional training. CHNS conducted Paraprofessional Training for school personnel utilizing training packet including Nurse Practice guidelines, delegated skills manual, and resource guide for special health care needs. Following training, nurses are able to go back into districts and train paraprofessionals to assure supervision of safe and effective care for students served (Five in attendance). Pre and Post-tests used to determine learning. 100% of participants gained appropriate knowledge after training.
- CHNS prepared three packets for training. CHNS conducted Scoliosis and BMI training for new school nurses. Workshop opened to all school nurses and educational cooperatives. Two new school nurses attended. Pre and Post-tests used to evaluate learning. CHNS also utilized speaker evaluation. Post-tests revealed 100% of participants gained knowledge and objectives were met. Speaker evaluations were good to excellent. Instructions also given for completing evaluations on A-Train.
- CHNS prepared three packets for training. CHNS conducted Hearing and Vision training for new school nurses. Workshop opened to all school nurses and educational cooperatives. Two new school nurses attended. Pre and Post-tests used to evaluate learning. CHNS also utilized speaker evaluation. Post-tests revealed 100% of participants gained knowledge and objectives were met. Speaker evaluations were excellent CHNS also presented on Resources such as CSH, Healthy Arkansas, Hometown Health, Arkansas Children's Hospital Liaison, School Health Nurse Consultant; instructions also given for completing evaluations on A-Train.

Liz Mercer

- Participated in the three day New School Nurse Conference 2014 held at Camp Aldersgate in Little Rock - topics included Pediatric Assessment, Intro to School Nursing, Standards of Care, Rolls of CHPS/CHNS, Immunizations/Meds/Documentation, Mandated Screenings deadlines, BMI , Pediatric Skills Update, Individualized Health Plans, ACH school Nurse Liaison, Child Maltreatment. (Approximately 80 school nurses trained and 840 CNEs provided at the conference).
- Attended 12th Annual Striking Out Tobacco in Arkansas Conference-Topics discussed: e-cigarettes, Vapor Shops and the flavoring contents, The role of Menthol in Smoking inhalation, Local tobacco control and efforts in Arkansas.
- Attended TPCP: Strategic Plan/Implementation Workshop- Topics discussed: Current Surveillance, Emerging Products, and Comprehensive Approach to Tobacco use reduction, changing social norms, reporting process.
- Attended CSH meeting via phone: topic included Act 414 Legislative Report.
- Attended Jefferson County Growing Healthy Communities: topic discussed Jefferson County 5K run/walk/dance, ArCop Grant Cooking at the stores.
- Tobacco cessation booth set up at SEARK Resource Fair measuring the CO2 levels of smokers and non-smokers. There were 45 participates being measured for CO2 levels with 11 having a 7 COppm equal to or greater. Counseling was provided to all participants, with 7 referrals to the Quitline being obtained. The ranges for the day were from 2 ppm to 36ppm. Act 811 was also discussed with participates and cards given out.

- Tobacco cessation booth set up at the Jefferson County 5K Run/Walk/Dance on September 27, 2014 by measuring CO2 levels on smokers and non-smokers. There were 26 people tested with the ranges from 2ppm- 7ppm. Education was given on secondhand smoke, Act 811, Cardiovascular Health, Asthma, and the Quitline. One referral to the Quitline was obtained from the participant that measured a 7ppm. In getting her history she was a light smoker that only smoked a few cigarettes a day and was ready to quit.
- Attended Arkansas County Partners in Health meeting topics discussed: COPY, Back to School, Mental Health Presentation, THRIVE Baby Shower, Car seat event, Tax return for ARCPH.
- Attended SEATRAC Meeting in Monticello.
- Collaborated with Jefferson County Health Unit related to school flu clinics.

Lisa England

- Participated in the three day New School Nurse Conference 2014 held at Camp Aldersgate in Little Rock (Approximately 80 school nurses trained and 840 CNEs provided at the conference).
- Working with ARESC CHNS to develop training/workshops for this school year.
- Attended planning meeting with Dr. Scott, Dr. Wilborn and Paula Smith.
- Organizing school flu clinics for Lake Village and Dermott School Districts.
- Collaborating with partners and plans being made for Bicycle Safety event.
- Assisting SE AR coop staff with tobacco prevention activities.
- Collaborating with SE AR coop staff related to Americorp members.
- Attended TPCP: Strategic Plan/Implementation Workshop- Topics discussed: Current Surveillance, Emerging Products, and Comprehensive Approach to Tobacco use reduction, changing social norms, reporting process.
- Collaborating with SER HHISS related to tobacco prevention signs for elementary schools.

Rosemary Withers

- Co-presented BMI training at three day New School Nurse Conference 2014 held at Camp Aldersgate in Little Rock (Approximately 59 school nurses trained in BMI and 118 CNEs provided).
- Coordinated Cooking Matters at the Store tour. Tour guides provided shopping and budgeting skills to participants in purchasing whole grains, low-fat dairy, lean protein, and fruits and vegetables. Participants received a \$10 gift card to purchase from the four food groups. Intended outcome: educational; 18 people participated.
- Coordinated and facilitated Cooking Matters at the Store tour. Activities: same as above. 13 people participated; facilitated another Cooking Matters at the Store tour. Activities: same as above. Two people participated.
- Participated in Coordinated School Health meeting.
- Participated in 5k-Run-Walk-Dance (Obesity Prevention Month); approximately 150 people participated.
- Participated in CHNS/CHPS meeting. Compiled and distributed report on 2013/14 CHPS Strategy Plan activities (18 people participated).

- Participated in Arkansas County Partners in Health and Child Health Advisory Committee meeting.
- Chaired the Jefferson County Growing Healthy Communities meeting; provided updates on Cooking Matters and 5K-Run-Walk-Dance activities.
- Participated in SEARK Resource Fair. CHPS provided information on Act 811, tobacco education brochures, and other health related brochures such as asthma, nutrition education, physical activity, etc, jar of tar and related chemicals, pregnancy and smoking effects on unborn child, and completed two Fax Referral Forms for Quitline (50 students and staff participated).
- Participated in Arkansas Community Correction Information Fair: CHPS provided information on nutrition education, jar of tar and its chemical effects, pregnant moms and the effects on the baby, and other healthy lifestyle brochures such as tobacco, asthma, women's health, etc. The intended outcome: educational: approximately 355 participants.